

BARRINGTON SENIOR CENTER

ENRICHMENT ~ ENHANCEMENT ~ ENLIGHTENMENT

Telephone 247-1926

OCTOBER 2015

281 County Road
Barrington, RI 02806

Center Hours
9:00 AM - 4:00 PM
Monday - Friday

SENIOR CENTER CLOSED
MONDAY, OCTOBER 12TH
FOR COLUMBUS DAY

EGRET'S LANDING CAFÉ



Monday, October 26th at 2:30pm
"ALPENBLUMEN MUSIKANTEN"

Celebrate Octoberfest with the "Alpine Flowers Musicians" at Egret's Landing Café. David and Lyn Palmer are well known for their traditional Alpine (Bavarian) folk music and have performed all over New England. They bring their music to Redlefsen's in Bristol on Wednesdays and Thursdays during their Octoberfest celebration. The Palmers play accordions and bells, and may even yodel. It will be a delightful way to celebrate the autumn season. Coffee, tea, and beverages along with small pastries will be available. Egret's Landing Café is located in the Barrington Senior Center on the lower level of the Public Library. Free to all.

THE ARTIST IN YOU

Monday, October 19th at 10:15am
Cost: \$35.00

Taylor Terreri is back to teach another course! In this course you will study the exciting techniques of mixed media while also sharpening your skills in the traditional media of drawing and painting. This course is a great opportunity for beginners who wish to explore different aspects of art making as well as for experienced artists looking to fine tune their skills in a new way. Let the music inspire you, relax, and find the artist in you!

Week 1: Pear Study Basics: Drawing, Painting, Collaging
Week 2: Pear Study Basics: Drawing, Painting, Collaging
Week 3: Mixed Media Waterfalls Inspired by Frank Bowling
Week 4: Learning Mixed Media Techniques
Week 5: Learning Mixed Media Techniques
Week 6: Inspiration Collage
Week 7: Final Project: Make Your Masterpiece!
Week 8: Final Project: Make Your Masterpiece!

Please call the Center at 247-1926 to reserve a spot!

SENIOR CENTER STAFF

Michele Geremia
Director

Mira Meyer-Oertel
Senior Services Coordinator

Ed Carusi
Outreach Services

Susan Duarte
Clerical

Rod Maturi
Shirley Slusarski
Kitchen Staff

Larry Daglieri
Anthony Mederos
Transportation

Mona L. Kozel
Activity Club

Janet Holmes
Medicare Assistance

ARMCHAIR TRAVEL SERIES

Monday, October 26th at 1:00pm

“TANZANIA AND KENYA” – A SAFARI” presented by Susan and Peter Escherich

Through Susan’s and Peter’s stories and pictures you will visit the amazing wildlife parks of both countries to see big game and fantastic birds close up and experience what a modern safari can be like. The Escherich’s trip included camping in the Serengeti where churlish Cape buffalo snorted around their tents at night, as well as a week in Kenya’s Mara Masai. Here, after long days with the amazing wildlife, they were served crepes Suzette in a tent and listened to zebras bark at night. What an experience!

Please note: This program is presented in collaboration between the Senior Center and the Barrington Community School. Fee: \$10.00 per adult/\$5.00 senior citizen rate. Cash or check made payable to the Barrington Community School (BSC) may be mailed or delivered to BSC or the Senior Center. Please call the Center at 247-1926 or BSC at 245-0432 to register.

JOURNEYS WITH SALLY

Friday, October 23rd at 10:00am

Cost: \$11.00 with lunch as independent purchase

“WAYLAND WONDERS”

What makes Wayland Square so special? This rich composite of shops, restaurants and homes is one of the many gems of eastern Providence. Please join us as we celebrate and explore this exquisite intriguing region.

As we begin, we will visit the renowned Books on the Square. After enjoying the site’s endless array of books, cards, and other creative items, we will head down the street to Olive Tap. This unique and charming store features an amazing assortment of naturally pressed olive oils and fine balsamic vinegars.

It’s almost time for lunch and what better place than the Salted Slate? This distinguished café features a seasonal selection of hand-crafted specials. Plan to spend a wonderful day in Providence!

We will depart at 10:00am and return about 2:00pm. Please call the Center to sign up.

FLU CLINIC

Friday, October 9th

12:30pm - 2:30pm

Visiting Nurse Services of Newport and Bristol Counties will be at the Center to give flu shots! The flu clinic is open to anyone 19 years or older. Please wear sleeveless or loose tops. It is important to note that you cannot have a flu shot if you are allergic to eggs or egg products. The flu vaccination is covered by Medicare and Medicaid - please bring your insurance cards.

OPEN ENROLLMENT 2015

This year, Open Enrollment is scheduled from October 15th to December 7th — time, once again, to explore the best insurance options available to you. Janet Holmes, a State certified SHIP counselor, will be available here at the Senior Center to help you with this process every Friday from 9:00am to 3:00pm.

Please call the Center to make an appointment and be sure to bring with you insurance cards, all insurance information you receive in the mail, as well as a list of all your prescription drugs.

BIRTHDAYS

Every second Wednesday of the month, the Center celebrates all birthdays of the month. Sieglinde “Sigi” Wurst has volunteered to bake a cake for all to share at these occasions and we would like to express our appreciation for her delicious contributions. Thank you Sigi!

CHAIR YOGA MOVES TO TOWN HALL

Beginning with October 5th, the first Monday in October, Chair Yoga classes which meet Mondays and Wednesdays at 9:00 a.m., will move to a new venue - the Town Council Chamber. The Council Chamber is located on the second floor of Town Hall and is accessible by stairs and elevator. Please call the Center with any questions.

ACTIVITY CLUB TRIPS AND ACTIVITIES

\$7.00 per year membership for people 55+ (September to September)

PLEASE NOTE: It is important to sign up early for all trips as a sufficient number of people is needed.

October 6, 2015 (Tuesday) - Old Mill Restaurant and Tower Hill Gardens

New Englanders hardly ever need to check the calendar for the onset of fall - the maple sugar hues of orange, red, and yellow you will see while traveling back roads in North Central Massachusetts vividly signal the change of season. Enjoy the fall foliage as you travel to The Old Mill Restaurant for a delicious, full course luncheon and after lunch you will travel to the Tower Hill Botanical Gardens and "The Shop at Tower Hill."

Depart at 8:30am from the rear of Barrington Town Hall.

Cost: \$65.00 Final payment due September 21st.

November 11, 2015 (Wednesday) - North Shore Music Theatre: "Sister Act"

This tour begins with a delicious, full course luncheon at the Danversport Yacht Club, with entrée choices of Baked Scrod or Baked Chicken. Then you'll travel to the North Shore Music Theatre for one of Broadway's classic musicals, "Sister Act." This musical tells the story of a determined but not very successful night club singer, Deloris van Cartier. When she witnesses a murder, the police take her into protective custody and hide her in a convent where she helps the convent's somewhat out of tune choir get into key and returns the run-down church to its former glory, thereby blowing her cover. The gangsters take up the chase and are soon hot on her trail. Has Deloris run out of time or has the gang underestimated the divine strength of the Sisterhood?

Depart at 10:00am from the rear of Barrington Town Hall and return home at about 5:00pm.

Cost: \$99.00. Final payment due October 28th.

SAVE THE DATE!

December 7, 2015 (Monday) - Holiday Party at the Wharf Tavern with Manny Brandao.

TOWN OF BARRINGTON

Senior Center

281 County Road

Barrington, Rhode Island 02806

Presorted

STD

U.S. POSTAGE

PAID

Barrington, R.I.